

Strengths Model Case Management (SMCM) 優勢模式個案管理 in Residential Service 宿舍服務

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Case Study 1(Female)

- Ms. Leung
- Age: 47
- Diagnosis: Schizophrenia
- Lived in Hostel since : 2014
- Background:

Immigrated to Canada for several years and returned to Hong Kong till now.

Anticipated Difficulties:

- Credit card loans
- Low- income jobs (imbalance for income vs expenditures)
- Shopaholic

Strength Model Case Management

Problem Solving	SMCM Recovery Plan
<p>**Shopaholic → Educate client about impulse control on shopping</p>	<p>**Shopping Ambassador Good use of her shopping interest to find more information about shopping discount and share with other housemates</p>

Strength Model Case Management

- In June, 2015 she received the notice about the renewal of driving license in Canada

Struggled Situation	Her Dream
Did not plan to reside in Canada again, seems not necessary to renew the license.	Want to re-visit the church that had given her support when she was mentally relapsed.
The \$20,000 saving can pay back the credit card loans.	Renewing the driving license give her motivation.

Strength Model Case Management Renewing the driving license

Learning during the Process

*Planning the trip

*Searched the information about a cheaper flight ticket and booked the flight ticket on the internet

*Re-connect with friends ,relatives and church in Canada

Change after back to Hong Kong

*Proud of using her own money to pay for the trip

*Keep stable job and able to save up money regularly

*Keep connecting with the friends from Canada



Strength Model Case Management Renew the driving license (cont')

Learning during the Process

*Consulted her case medical officer about quitting smoking while on the plane

*Learn to take her own medication

Change after back to Hong Kong

*Go to the church next to hostel and join the fellowship

*Credit Card Loans owned from 2015 was settled on 2017



Strength Model Case Management Changes of Client and Worker

Client	Worker
Increased Confident	Believe on client's ability
Increased Motivation	Focus on clients' strength rather than the problem
Being Positive	Become Flexible
Less hospitalized, mental relapse	Become Open
Be more active	Relax and Happy

Thank you!

