## Panel Discussion 1

## **Recovery-oriented Care in Undergraduate Curriculum**



**Professor Wai-Tong Chien** Professor and Associate Head (Research) School of Nursing, Faculty of Health and Social Sciences, The Hong Kong Polytechnic University

## **Biography**

Professor Wai Tong CHIEN is a professor in mental health nursing at School of Nursing, The Hong Kong Polytechnic University for 7 years and appointed as Associate Head in 2014 and as an Associate Dean in Oct 2017. As an advanced psychiatric nursing practitioner and researcher, Prof. CHIEN has strived to improve mental health in Hong Kong in the past 30 years through research, advocacy and mental health promotion. He has established/tested the effects of psycho-education, motivational interviewing, mindfulness-based, peer support, and other psychosocial interventions for people with mental health problems, and their families, in community mental health care services.