

Concurrent Session 4

Between Structured Design and Personal Narratives: The Report of an RCT Study of a Hybrid Design Group Programme for Family Caregivers



Dr. Ruth De-Hui Zhou

Assistant Professor

Department of Counselling and Psychology

Hong Kong Shue Yan University

Biography

Dr. Ruth D.H Zhou is an assistant professor at the department of Counselling and Psychology of Hong Kong Shue Yan University and also the editor of Asian Pacific Journal of Counselling and Psychotherapy. Her research interests are in the caregiving, mental health recovering, early intervention for children with special educational needs, metaphor cognition and its application in psychotherapy and counselling practice.