

## **Concurrent Sessions 4**

### **Between Structured Design and Personal Narratives: The Report of an RCT Study of a Hybrid Design Group Programme for Family Caregivers**

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#### **Biography**

Dr Alison W F Lo works as a Chief of Service and Consultant in Psychiatry at Kwai Chung Hospital in Hong Kong. As a General Adult Psychiatrist, she has an interest in developing and enriching psychological service available to service users and their caregivers