

Concurrent Session 3

Photo Voice: An Innovative Research and Intervention Tool to Promote Personal Agency and Personal Development



Dr. Ivan Mak
Psychiatrist

Biography

Dr. Mak is a specialist in Psychiatry, a fellow of the Hong Kong College of Psychiatrists and a member of the Royal College of Psychiatrists. Currently, he is a private psychiatrist as well as an honorary clinical associate professor in the Psychiatric Department and Family Medicine Department, Medical Faculty of the Chinese University of Hong Kong. Besides his development in psychiatry, he is also a certified cognitive therapist of Academy of Cognitive Therapy.

He is enthusiastic in promoting mental health of the general public in Hong Kong. He is elected to be the Chairman of the Public Awareness Committee of the Hong Kong College of Psychiatrists as well as the convenor of the Education and Prevention Subcommittee of the Hong Kong Mental Health Association. He also involves in advisory works in mental health promotion in various bureaus of the HKSAR government.

Consistent with his vision in promoting mental health of the general public through photography, he founded the non-profit making charitable organization, Mental Health Photographic Society and he published a book called “Souvenir for the Soul – Cuba travel by a Hong Kong doctor”.