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Recovery oriented practice in Kwai Chung Hospital: Implementation of HA Mental Health Service Plan for Adult 2010-15 in providing recovery oriented services to persons with mental illness in a hospital cluster

Presentation Abstract

The formulation of Hospital Authority Mental Health Service Plan for Adults paved the way for development of key programs to support and aid recovery of person with mental illness. It also helps the delineation of different clinical pathways in serving person with Severe Mental Illness and Common Mental Disorder.

Three recovery oriented programmes at Kwai Chung Hospital would be shared, namely Psychiatric Inpatient Model Practice Wards, District-based Community Personalised Care Programme and Cluster-based Common Mental Disorder Clinic. It serves to facilitate the start of recovery journey, to support and aid recovery in the community and to promote mental wellness for people with minor psychiatric morbidities.

Initial service evaluation reveals enhanced psychiatric inpatient experience and containment of average length of stay in hospital for Model Practice Wards. Better Community Support through Personalised Care Program has markedly decreased subsequent unplanned utilization of health services. Significant symptoms reduction and substantial exit of specialist service after biopsychosocial intervention at Common Mental Disorder Clinics are also noted.

These new service model would be taken further as Kwai Chung Hospital ventures into an exciting journey of hospital redevelopment project, recreation of a therapeutic village to support and aid recovery within the new hospital campus is underway.