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Introducing the Government's existing and new initiatives on implementing community mental health support services thereby achieving the objective of rehabilitation policy

Presentation Abstract

The Government revamped community mental health support services and set up Integrated Community Centres for Mental Wellness (ICCMWs) over the territory in October 2010. A two-year recovery-orientated pilot project on peer support was implemented in March 2016.

ICCMW is providing one-stop, district-based community support and social rehabilitation services ranging from early intervention to risk management for ex-mentally ill persons, persons with suspected mental health problems, their families/carers and residents living in the serving district.

The "Pilot Project on Peer Support Service in Community Psychiatric Service Units" aims at equipping suitable ex-mentally ill persons to be peer supporters with a view to promoting their recovery and helping other persons in need.

The recent review on ICCMW service suggests the integrated and community-based approach of ICCMW in achieving the service objectives effective. An evaluation on the pilot project also suggests positive results of the pilot project on the recovery of both peer supporters and their service users.

Lessons learnt and discussion:

- Way forward and service enhancement of ICCMW
- Regularisation of peer support service and further development