

Dr. Eva Lai-Wah Dunn

Chairperson, Coordinating Committee in Psychiatry
Service Director (Mental Health, Hong Kong East Cluster)
Hospital Authority, Hong Kong

Sustainability and Challenges in planning recovery-oriented policy in Hong Kong

Presentation Abstract

Recovery oriented care has been the focus in mental health service development. The aspiration of various mental health service units in Hong Kong to facilitate service users to achieve their best possible potential despite limitation brought on by illness are in the right direction. The vision of the Hospital Authority Mental Health Service plan for Adult 2010-2015 emphasized that “the vision of the future is of a person-centred service based on effective treatment and the recovery of the individuals”. New service initiatives with focus on recovery oriented care were implemented with policy support from government in the past few years.

The momentum to kick start the change is there. The way forward would be to consolidate culture building and staff training, to share our best practices, to critically evaluate programs with help from our service users and to examine the long term effects. Last but not least, there is a need for the government as well as the community stakeholders to build up the necessary infrastructure and human resource that made recovery oriented care a success.