

Class 3: Can We Change?

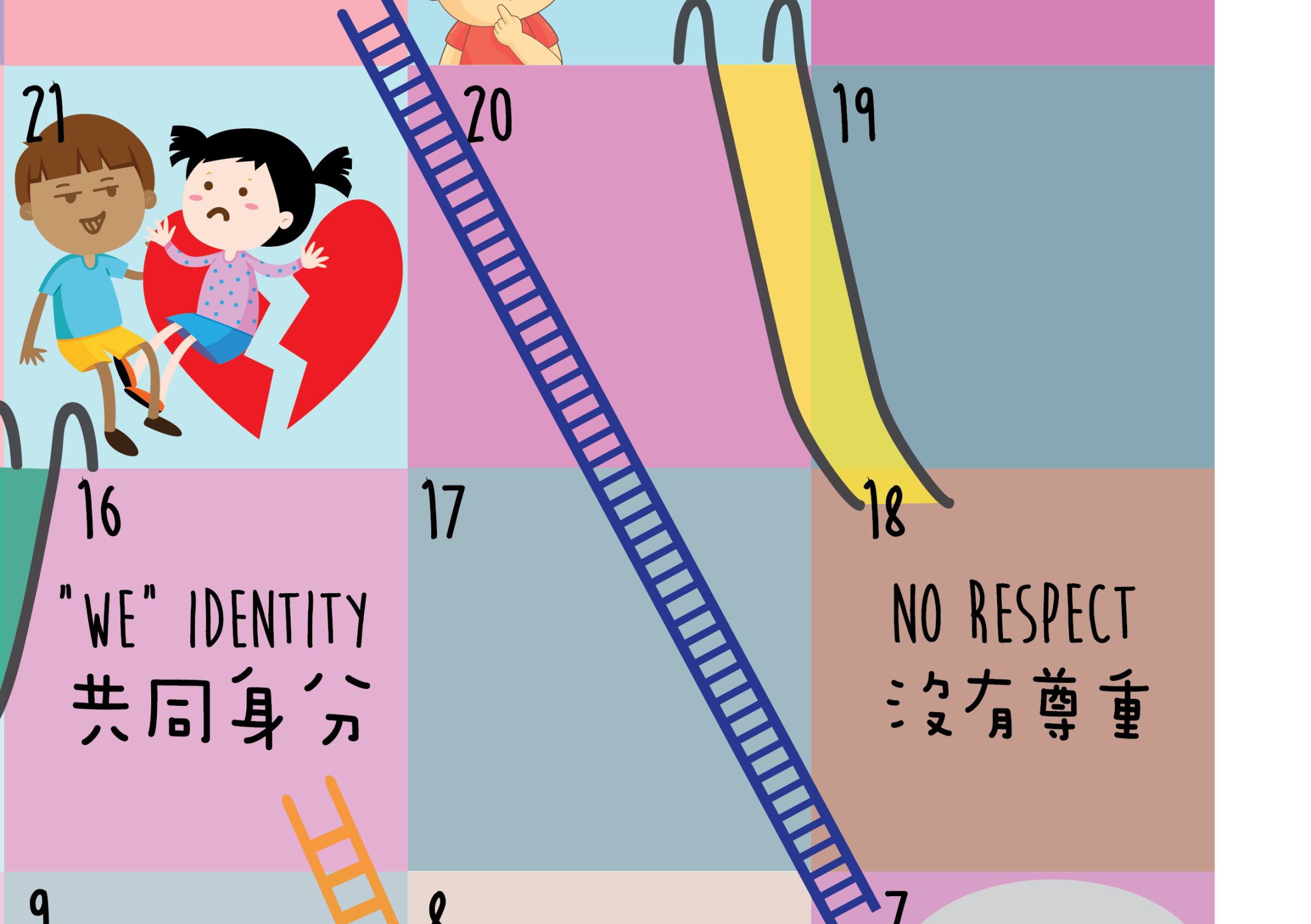
People change just like the moon. Be more open-minded!

In this class, we have learnt:

1. Attribution is finding reasons to explain things – and we usually attribute things to be caused by either personality or situation.
2. We tend to attribute any mistakes or bad behaviors to personality; and that makes us upset with others.
3. We should consider the situational causes behind things – it is easier to forgive if we do so.
4. Situations change; so do our appearance, behaviors and personality.

These are the things we can do:

1. Consider different possibilities when we look for reasons behind things.
2. Pay attention to situations and do not pass judgement quickly.



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"WE" IDENTITY
共同身分

NO RESPECT
沒有尊重

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