

Harnessing Longitudinal Survey Data for Advancing Healthy Ageing Research in China

Longitudinal surveys among older adults have been rapidly growing in China, with notable examples such as the China Health and Retirement Longitudinal Study (CHARLS) and the Chinese Longitudinal Healthy Longevity Study (CLHLS). This presentation will provide an overview of these two landmark studies' design features and data availability, highlighting their potential to enhance healthy ageing research in China. A particular focus will be placed on how these datasets contribute to understanding the epidemiology of frailty and disability, and the measurement of healthy longevity, offering valuable insights for promoting health and well-being in an ageing population.