

## **Patterns, Sources and Implications of Living Arrangements among Middle-aged and Older Adults in China**

In societies where the population is rapidly aging, it is crucial to study the living arrangements and health of middle-aged and older adults to gain a better understanding of their well-being and to develop policies and interventions to promote healthy aging. In this webinar, Professor Ming Wen will discuss the changing patterns of living arrangements among older adults in China, including the contextual factors that contribute to these patterns. Drawing from her research and literature findings, she will highlight the implications of different living arrangements on the health and well-being outcomes of older adults, including cognitive and psychological health, functional status, and sleep outcomes. She will also discuss potential areas for future research that require further attention and investigation.