

## **Changes in Chinese Suicide Rates in the Past Few Decades and the Underlying Socio-cultural Factors**

### **Abstract**

The suicide rates among Chinese populations in the past few decades have experienced roller-coaster changes, which have surprised suicidologists in and out of China. This seminar offers a summary of the empirical studies that illustrate a dramatic decline of Chinese suicide rates from late 1980s to date and suggests some hypothetical reasons for the high suicide rates over 30 years ago and the extremely low rates today. As an explaining approach, the Strain Theory of Suicide is presented for brain storming.