**Professor Shui-fong Lam**  
Jockey Club “Peace and Awareness” Mindfulness Culture in Schools Initiative

**Biography**

Professor Shui-fong Lam is the Director of Jockey Club “Peace and Awareness” Mindfulness Culture in Schools Initiative (JC PandA) and a Professor in the Faculty of Social Sciences at The University of Hong Kong. JC PandA aims to promote mindfulness culture in schools in Hong Kong and focuses on the mental health of students, teachers and general public in Hong Kong. This three and a half years’ project spans between 2019 and 2022 is funded by The Hong Kong Jockey Club Charities Trust, and is organised by the Faculty of Social Science. Professor Lam was the recipient of the Outstanding Teaching Award from HKU in 2012 and the Outstanding International Scholar Award from the International School Psychology Association in 2015. She also received the Knowledge Exchange Award from the Faculty of Social Sciences in 2016.

Professor Lam’s research interests lie in achievement motivation, parenting, instructional strategies, positive psychology, and mindfulness. She is also concerned with the improvement of psychoeducational services in school system.