

THE UNIVERSITY OF HONG KONG
FACULTY OF SOCIAL SCIENCES

International Symposium on Collaborative Governance for Rural Sustainability

Date: August 19, 2017 (Saturday)

Excursion Tour (1): Lai Chi Wo

Aims

- To offer a genuine experience and appreciation of the natural and cultural heritage at north-eastern part of Hong Kong
- To provide an experiential learning opportunity on the topics of biodiversity conservation, local farming culture and sustainable living
- To introduce the rural community revitalization programme at Lai Chi Wo led by the Policy for Sustainability Lab of Faculty of Social Sciences, HKU and supported by HSBC and other partners

Tour Rundown

Time	Venue	Activity
08:30 – 09:15	HKU	Coach departs HKU for Ma Liu Shui (<i>for invited guests only</i>)
09:15 – 11:00	Ma Liu Shui	Boat trip to Lai Chi Wo with Geo-Tour of Northeast New Territories <ul style="list-style-type: none"> • To appreciate the coastal landforms and observe the geology and rocks along Tolo Channel, Bluff Head and Double Haven, parts of the Hong Kong UNESCO Geopark.
11:00 – 12:30	Lai Chi Wo	Guided tour in Lai Chi Wo <ul style="list-style-type: none"> • To introduce the traditional Hakka village, Lai Chi Wo, which is also a part of the Global Geopark, with its famous mangrove and Fung Shui Woodland • To visit the eco-farm and understand the revitalization programme in Lai Chi Wo
12:30 – 14:00	Lai Chi Wo	Traditional Hakka dishes prepared by local villagers (<i>at own costs</i>)
14:00 – 16:00	Lai Chi Wo	Hakka snack and cultural experiential workshop <ul style="list-style-type: none"> • To experience the making of a traditional Hakka snacks • To experience how plants are utilized traditionally
16:00 – 17:45		Return boat trip (a brief stop at Ap Chau)
17:45 – 18:30		Coach departs Ma Liu Shui for HKU (<i>for invited guests only</i>)

Living Water & Community Revitalization – An Agricultural-led Action, Engagement and Incubation Programme at Lai Chi Wo website: <http://www.socsc.hku.hk/psl/laichiwo/>

Programme Details

Guided boat tour of Northeast New Territories

The boat tour will go around the inner sea area of the northeast New Territories: Tolo Channel, Bluff Head (Wong Chuk Kok Tsui) and Double Haven (Yan Chau Tong), which are parts of the Hong Kong UNESCO Global Geopark. Most of the rocks along the north shore of Tolo Channel and at Bluff Head are the oldest in Hong Kong formed about 400 million years ago. Double Haven has been designated a marine park in 1996 due to its wildlife and natural features. The boat tour will take about 1.5 hours, during the boat tour, our guide will lead the guests to appreciate the coastal landforms and observe the geology and rocks along the coastline.



Guided Tour at Lai Chi Wo



The Lai Chi Wo Village is a traditional Hakka village which was established as early as 17th century and had a long history of farming. Along the coast has the largest population of Coastal Heritiera (*Heritiera littoralis*) and White-flowered Derris (*Derris alborubra*) in Hong Kong. Because of its unique natural and cultural features, Lai Chi Wo has been designated as a Site of Special Scientific Interest (SSSI) since 1979, and is also a well-known eco-hotspot. Supported by HSBC, a Community Revitalization

Programme has been carried out by the University of Hong Kong in collaboration with the local villagers and other NGOs since 2013. The tour will also lead the guests to visit the paddy fields and restored farmlands to understand the objectives of the programme.

Genuine taste of local Hakka food

A traditional Hakka meal prepared by local villagers will be provided to the guests to taste the real Hakka flavour.



Experiential workshop after lunch

Hakka snack (Chai Guo 茶粿) making workshop

A Local Hakka lady, Ms Susan Wong will lead a cooking session on Hakka snack making such as Turnip Cha Kwo (蘿蔔茶果) and Ramie Cha Kwo (粗葉撻). She will share how the villagers utilize the local plants in their daily lives.



Boat tour around Ap Chau (Duck Island)



During the return boat trip, guests will have a brief stop by a small island nearby Lai Chi Wo, named Ap Chau. The shape of the island resembles a duck lying on the sea. Ap Chau was once a thriving fishing community and now being part of the Hong Kong UNESCO Global Geopark. A diverse range of wave erosion landforms can be seen: sea cliff, wave-cut platform, wave-cut notch, sea arch and sea stack, and the famous 'Duck's Eye'.

Since Ap Chau is located close to the restricted Frontier Closed Area between Hong Kong and China, guests may view the scenery of Yantian Harbour of China and Sha Tau Kok restricted area of Hong Kong.

Tour led by