Enforcing Intergenerational Solidarity Through Knowledge Transfer

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From Asian Pacific Perspective
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Agenda

- Background
- KT in Hong Kong Universities & its interpretation at Lingnan
- Theme, objectives and its theoretical base
- Elders as an agent of change, knowledge & skill transfer and examples
- Members of society have understanding of the process of ageing and specific needs of older persons
- Conclusion
About Lingnan University...

• **Background**
  - Founded in 1888 in Guangzhou and become Lingnan University in 1999

• **Area of Strength**
  - Liberal Arts Education
    - Academic mix: Arts, Humanities and Social Sciences

• **Mission**
  - Whole Person Development Approach to Education
  - Education for Service as guiding motto
Knowledge Transfer in Lingnan

- The 3rd mission on top of “Teaching” and “Research”
  - Included in UGC’s mission statement in 2007
  - Triennium funding beginning from 2009
  - Lingnan at the second year of KT development

- Knowledge Transfer: Process-focused
Train-the-Trainer Approach

1st Tier Trainer
Academia Professionals
KT Tutors

2nd Tier Trainer
U-students
High School Teachers
Elders

3rd Tier Trainer
High School Students
Community Participants
Elders

Knowledge Skills

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Knowledge Transfer in Lingnan

Central Theme: A Life Course Perspective to Ageing

- Response to the changes in society: Population ageing
  - Hong Kong: Aged 65+: 13% (2009) → 26% (2033)
  - More age groups in population, but relatively less people in each age group

- Create a society for all ages → Promote Intergenerational Solidarity
  - Direction 1: Older persons remain an active role in the community through a lively participation in socio-cultural activities, including as agent of knowledge and skill transfer
  - Direction 2: Members of society have an understanding of the health conditions and specific needs of older persons

- Age-friendly → Ageing-friendly
# Knowledge Transfer Programs in a Nutshell

<table>
<thead>
<tr>
<th>Content</th>
<th>YO (young-old)Partnership</th>
<th>Body Positive</th>
<th>Healthy Life! Healthy Mind!</th>
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</thead>
<tbody>
<tr>
<td><strong>Objective</strong></td>
<td><strong>To promote ageing from a life course perspective, create a society for all ages</strong></td>
<td><strong>Intergeneration Solidarity</strong></td>
<td><strong>Anti-ageism</strong></td>
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<td>• To promote cross generation integration through intergenerational activities.</td>
<td>• To promote positive body image from social, culture and ageing perspectives.</td>
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<td>• To enhance social harmony</td>
<td>• To enhance the social status of aged</td>
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<td><strong>Program</strong></td>
<td>1) Social Gerontology Course for Ming Kei College</td>
<td>1) Are you beautiful?</td>
<td>1) Cooking Mama Series 1</td>
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<td></td>
<td>2) SOC324 Work and Occupation x Hand in Hand, Life to Life Project (Social Gerontology Course)</td>
<td>2) What do you see when you look in the mirror</td>
<td>2) Young-Old funky Dance Craze</td>
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<td>3) Girls with thousand faces</td>
<td>3) SOC333 Health, Illness and Behavior x Health Frontier in Tuen Mun I</td>
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<td>4) The secret recipes of skin products</td>
<td>4) SOC327 Social Welfare and Problems in Hong Kong x Health Frontiers in Tuen Mun II</td>
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Direction 1: Older persons as agents of knowledge and skill transfer
Young-Old Drama on Healthy Ageing

Young-Old Drama
Promote Positive & Healthy Ageing in Community

- An young-old partnership in performance art, i.e. Drama
- 2009 batch: 10 elders + 12 students
- 8 performances: over 800 audiences
- Promote positive outlook and healthy ageing
- The pre-post-test results (t-test) show all participants, both young and old, have a more positive views on older persons after the program, such as:
  - Active, Independent, Updated, Flexible, Approachable and Cooperative
- Manual on Young-Old Drama
Elders teamed up as “cooking mamas and papas” to promote healthy eating and cooking tips to hostel residence.

From foods to LOVE!

9 elders + 1 cook + 1 nutritionist

4 workshops: 83 students

Pre-post test results show students learn more about maintaining health diet in hostels and making healthy foods is not impossible in hostels.

Cook book with stories told by elders behind the dishes will be published (March 2010)
Direction 2: Understand the health conditions of ageing and needs of older persons
Uni Gerontology Course x 334 New Senior Secondary Curriculum

SOC333 Health, Illness and Behavior
- Organization of Community Health Care and Hospital Service (SOC333)

334 NSSC Health Mgt & Social Care
- Health Beliefs and Practices (SOC333)
- Women’s Health (Topic under HMSC)

KT-SL Students
- Tsung Tsin College Students who are taking Health Management and Social Care

TALK 1 in Tsung Tsin Ageing Population
- Training/Resource Pack Ageing Population for HMSC

TALK 2 in Tsung Tsin Women’s Health
- Training/Resource Pack Women Health for HMSC

Sharing with Public of Manuals & Training Packs
- Training/Resource Pack Women Health for HMSC

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Direction 2: Understand the health conditions of ageing and needs of older persons
Social Gerontology Course at Secondary Schools as Other Learning Experience

Social Gerontology Course
At Secondary Schools as Other Learning Experience

- 4-part training (6 hrs) + elderly services (at least 6 hrs)
  - Part 1: Hong Kong Demographical changes and its opportunities
  - Part 2: Hong Kong Ageing Policy and Services
  - Part 3: Ageing Services in (home district)
  - Part 4: Communication skills with older person
- The contact hours could be counted as “Other Learning Experience (OLE)"
- 2010-2011
  - 7 secondary schools in Tuen Mun
  - 1 secondary school in Mong Kok

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Conclusion

• KT bears the mission of creating a society for all ages
  ○ Elders to actively participate in activities, as agents of knowledge and skills transfer
  ○ Public to understand the condition/process of ageing and the specific need of older persons
• Push to public by linking up with stakeholders in the community
  ○ Secondary schools, i.e. 334 NSS Curriculum & OLE
  ○ Teacher’s community via Education Bureau
  ○ Social Welfare Department & NGOs partner
  ○ Elder Academy (2-tier trainer as teachers in EA)
Thank you!

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