

Psychosocial Needs of Patients and their families in end stage of life

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Hong Kong Cancer Fund



- Hong Kong Cancer Fund is the city's largest cancer support organisation, providing free information and professional support to anyone living with or affected by cancer.
- Established in 1987
- First began by offering free information and support to anyone touched by cancer, which has slowly expanded over time to address all aspects of living with cancer
- Free information and professional support to anyone living with or affected by cancer

Hong Kong Cancer Fund

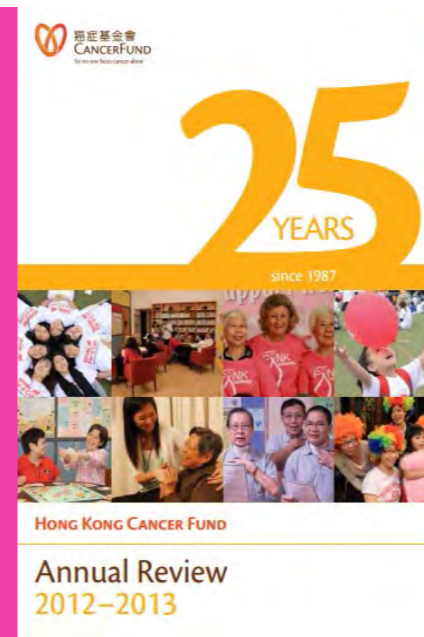
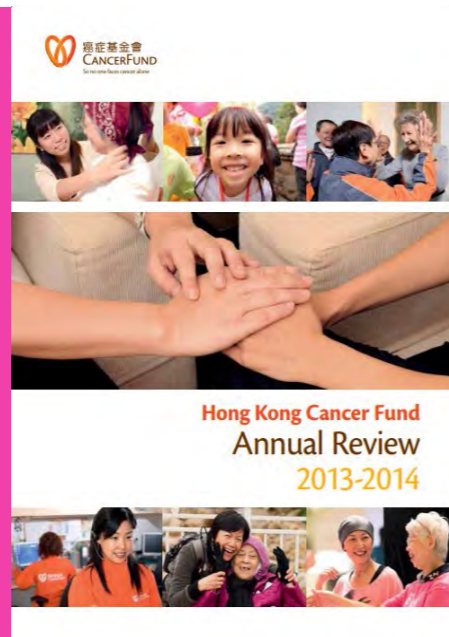


- **Mission**
- To better the quality of cancer support in Hong Kong and ensure that *no one faces cancer alone*
- **Vision**
- We believe that fighting cancer involves more than just medicine.
- We help patients and their families overcome the shock and confusion of cancer; helping to restore confidence and a sense of control.
- **Goal**
- To make life better for people touched by cancer

Source of Income



- Receive **NO** money from the Government or the Community Chest
- Rely solely on **public generosity** to sustain our ***free*** and ***on-going*** cancer support services



Hong Kong Cancer Fund's Support Network

HELP BUILD OUR SUPPORT NETWORK



- ❶ CancerLink Tin Shui Wai
- ❷ CancerLink Wong Tai Sin
- ❸ CancerLink Central
- ★ Coming soon!
CancerLink Kwai Chung

- ❺ Tuen Mun Hospital CPRC
- ❻ Princess Margaret Hospital CPRC
- ❼ Prince of Wales Hospital CPRC
- ❽ Queen Elizabeth Hospital CPRC
- ❾ United Christian Hospital CPRC
- ❿ Pamela Youde Nethersole
Eastern Hospital CPRC
- ⓫ Queen Mary Hospital CPRC

CancerLink Support Centres



- Providing **FREE** information and professional counselling
- **Localized** support to cancer patients, and their family or friends in coping cancer
- Enhance patients sense of control, and improve their **Quality of Life**
- To empower individuals and families cope with cancer in a comforting, **informed and stress-free** manner

Psychosocial Care Model



Hospital Care

Community Care

Multidisciplinary Approach

Medical Professionals

Social Workers

External Experts

Peers

Service Partners

Prevention

Diagnosis

Treatment

Rehabilitation

Palliative

Bereavement

PRACTICAL SUPPORT

PSYCHOLOGICAL SUPPORT

FAMILY SUPPORT

PEER SUPPORT

Case Work

Group Work

Family Work

Community Work

Psycho-Oncology Services for families facing end-of-life issues

The psychological needs of patients and families



Physical

- Cure or getting better
- Least painful
- Clean and tidy maintain activity level to the last moment

Psychological

- Keep up interests/ activity
- Maintaining hope
- Knowing that life is fulfilling and meaningful
- Enjoy the nature

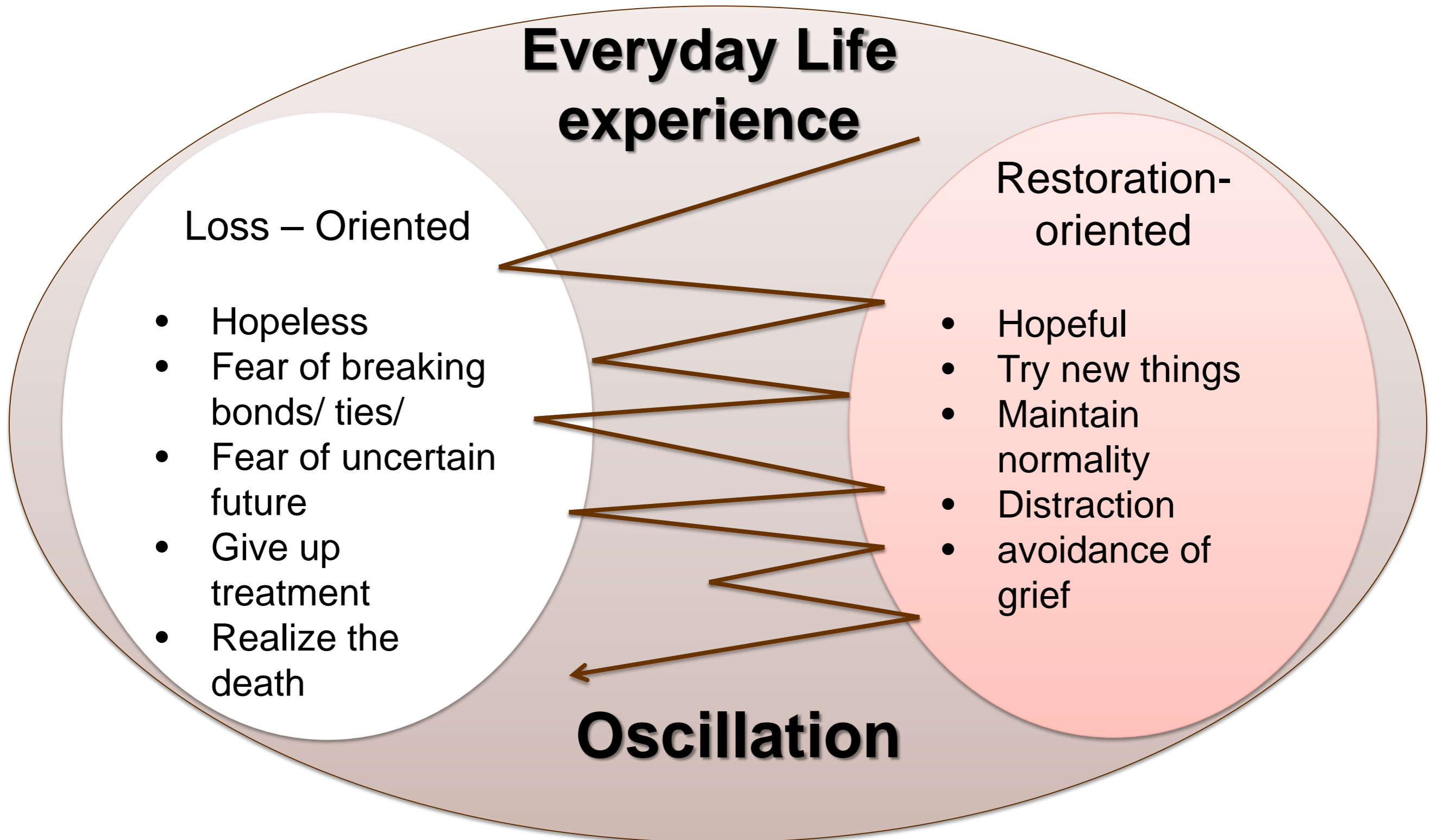
Affection

- Confirming relationship with self and significant others
- Let go with self and others

Spiritual

- Has own religion or belief in facing the suffering

Patients and families oscillate between hopeful and hopeless everyday



What Families need in facing death



Commitment to Love and Responsibility



Maintaining Hope



Fulfilling Wish



Dealing with Moral Conflicts



Settle with regret or unfinished



Living with Peace



Being Cared and Supported

We believe timely support and intervention



- Reduction of psychological pain and distress in the dying process
- Provide opportunity for relational growth of the families
- Ease the process of bereavement
- Reduce the potential of complicated grief and mental health difficulties in the future

□Mclean & □issim, 2007□

Our service in the community

We connect families to facilitate



Facilitate adaptive coping:

- Symptoms relief
- Enhance families capacity in the caring process
- Encourage activity level
- Lessen financial burden

Deepen emotional bonding:

- Enrich the quality of the present life of the family
- Identify, affirm values and sources of meaning
- Good preparation for the death



Hopeful



Hopeless

Families as a whole unit in our care concept :

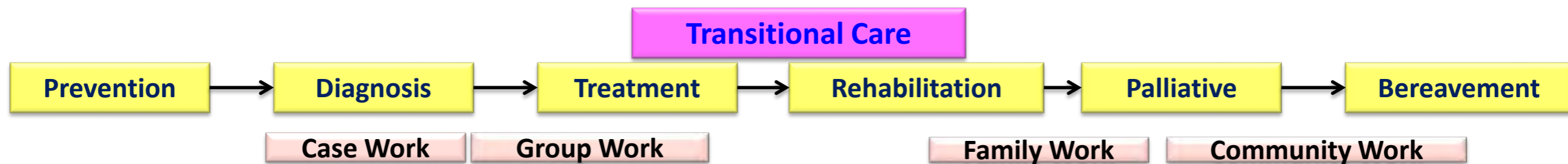


- **We believe**, cancer affect the whole families and every members is suffering
- **We believe**, families are strength and resourceful and every members is the healer in the suffering

Then , in our caring model

- **Whole family is a networking unit** instead of working with individual
- **The needs of families in different life cycle and developmental needs** are considered in service design and implementation
- Variety of service are set up for the support of **various family subsystems** (Children, old parents, spouse etc)

Service elements



Practical Support

- Nursing and Dietetic service to patients and cares
- Symptom & Side Effect Management programs
- Carers' education workshop
- Funding support
- Practical support to home bound patients

Peer Support

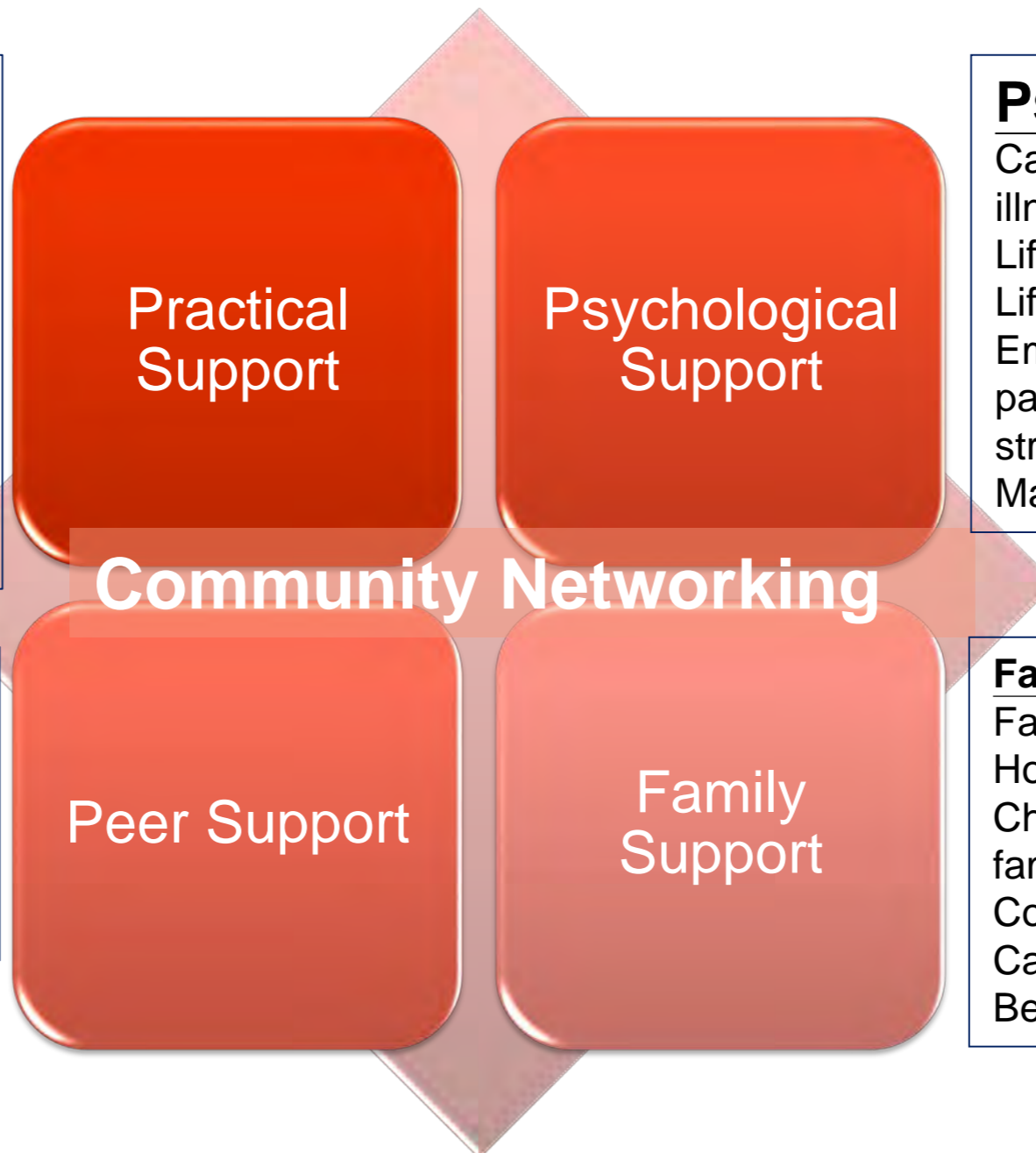
- Volunteers support and transport support to allow social activity for terminal stage patients and families

Psychological Support

- Cancer Adjustment for specific illness
- Life and death education
- Life Review Group
- Emotion Management for carers and patients (depression/ insomnia / stress management)
- Make a wish service

Family Support

- Family counselling
- Home visit to patients and families
- Children and families service for RC families
- Couple case and group services
- Carers case and group services
- Bereavement Care



Health Professionals

Social Workers

Therapists

Volunteer

Service Partners

Multidisciplinary Approach

Good preparation for the death



life and death experiential workshop



Death preparation tour



Seminar of for carers who have non-curable cancer

Home Care Support & Care Visit



Families counselling & Nursing consultation



Maintain activity level and enrich quality of present life



Family photo taking service for terminally ill patients and families;

Outing activity for end of life patients and families



Deepen the emotional bonding for couples and families



Couple group for palliative stage patients and families

Family Group for Young children and Parents

Bereavement Support



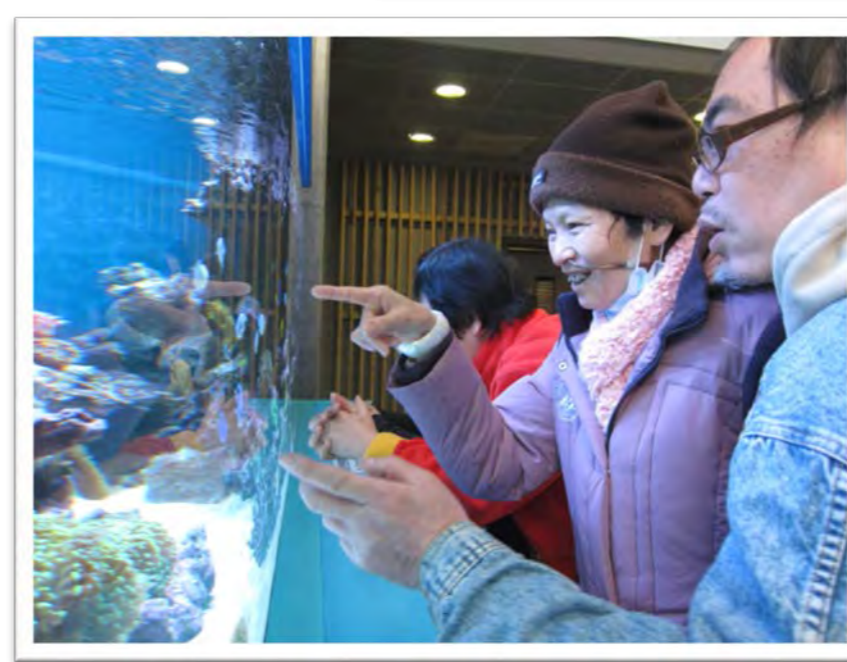
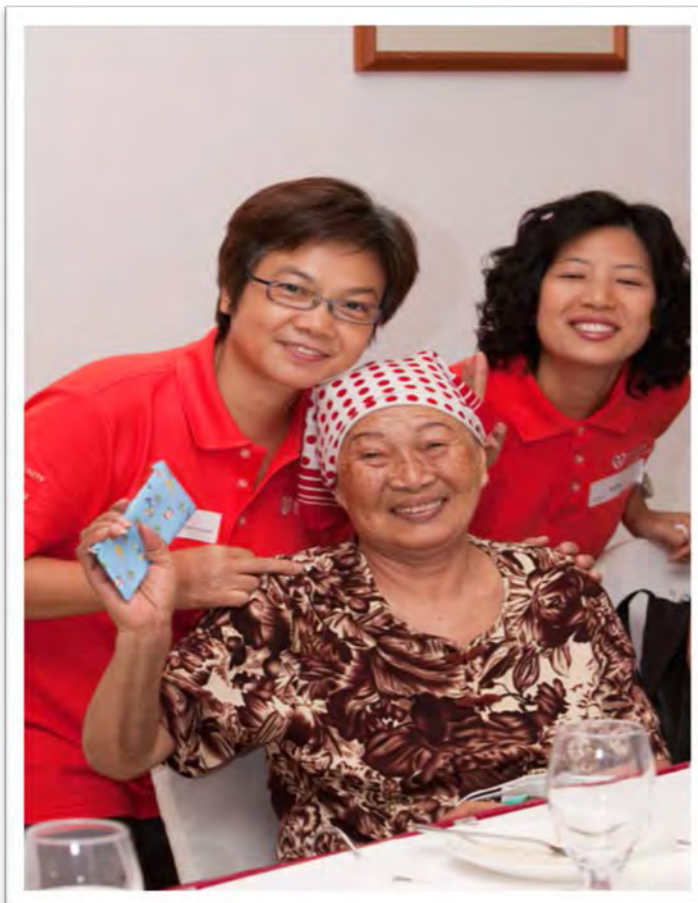
Art Therapy for Children



Bereavement Group



Memorial Activities



As a team, we ensure no one faces cancer alone



THANK YOU