

“Multidimensional Assessment and Management of Pain at the End of Life”

Quality palliative care can best be delivered in an environment that integrates a bio-psychosocial-spiritual model of care comprised of a skilled team of dedicated professionals. Innovative practice in the area of pain and symptom management begins with a multidimensional assessment of suffering. This allows us to better understand the impact of unrelieved pain on the quality of life of patients and their caregivers. We will focus on specific steps that can be taken to ensure the best possible care throughout the trajectory of serious illness with special attention to the unique concerns related to care at the end of life. This intensive pre-conference will combine didactic, experiential and scenario-based teaching to enhance the pain and symptom management skills of healthcare professionals.