

## **“Optimizing Holistic End-of-Life Care: A Multidimensional Approach”**

Understanding the contextual needs of those we serve is vital if we are to provide person-centered and family-focused quality care. An intra-professional team-based approach to care offers the most effective strategy to address the multidimensional needs of the seriously ill. The principles of palliative care are especially important if we are to provide holistic care that meets the needs of the patients and families that we serve. Lessons learned from working with those who are facing end of life underscores the importance for all healthcare clinicians to become advocates for improving the delivery of care. Enhancing our competence in palliative care requires a commitment to life-long learning and a dedication to excellence.