

**Irene Chen**

Teaching Consultant, IF People Development

Ms Irene Chen is a coach, speaker and trainer, specialising in effective communication, motivation, and methods to enhance interpersonal communication for individuals and teams. She conducts her training programmes throughout HK, China, Malaysia, Singapore and Taiwan. She also serves as a career consultant at Center of Development and Resources for Students (Cedars) at the University of Hong Kong and the club mentor for HKU ASA Toastmasters club.

Irene Chen has also won numerous Toastmasters contests up to District level and was an Area Governor in 2000-2001 and Division Governor in 2002-2003 of District 51.