

## **Empower Future Leaders**

Youth is the future of Hong Kong, and this workshop is designed to offer a platform for organizations that serve the Hong Kong Youth to share their challenges, resources, as well as their best practice. Effective communication is a crucial skill in our society, regardless of study, work or social life. This Workshop aims to develop self-confidence, ability to get ideas across through an activity-based learning programme for youth in Hong Kong, especially secondary school students.

Ms Irene Chen has over 15 years of experience to help Hong Kong local schools to design and organize “Youth Leadership Program” to empower Hong Kong students. She is also a coach, speaker and trainer, specialising in effective communication, motivation, and methods to enhance interpersonal communication for individuals and teams. She is also a frequent winner in Toastmasters Speech Contests.