





	eds at Stag THE ILLNE	
Features	Needs / Look for	What SHG offers
Immediate Panic / Shock: What exactly is the illness? How worse my	<ol> <li>Information</li> <li>Co-walker</li> </ol>	<ol> <li>Knowledge of the illness</li> <li>Understanding and acknowledging the suffering</li> </ol>
situation could be?	-	5

	ods at Stage 2 ACCEPT HERE Needs / Look for	
Day to day functioning How can my basic living go on?	<ol> <li>Functional care plan</li> <li>change of daily routine and habits (ADL vs. IADL)</li> <li>Acceptance the change of body functions</li> </ol>	<ol> <li>Aid for living or challenges ahead</li> <li>Resource mobilization</li> <li>Mutual support</li> </ol>

Member N LIFE PLAN	eeds at Stag NNING	ge 3: ExCEL3
Features	Needs / Look for	What SHG offers
Plan my future After functioning living, what can I do for a better future?	<ol> <li>Hope and future</li> <li>Psychosocial needs</li> <li>Relationship with people</li> </ol>	<ol> <li>Ways to improve the living standard (esteem, life meaning)</li> <li>Mutual support</li> </ol>
Future		<b>R</b> ear

Member Needs at Stage	1.
member needs at otage	* *ExCELZ
Member Needs at Stage 4 TRANSFORMED IDENTIT	Testers a Casely building as interpresenting and in particular for the Boot onto
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Features	Needs / Look for	What SHG offers
Active new identity I want to contribute to the society	<ol> <li>Community advocacy</li> <li>Helping people as co-walkers</li> </ol>	<ol> <li>Platform to serve other peers</li> <li>How to live like others in the community</li> <li>Bigger than self life meaning</li> <li>Mutual support</li> </ol>

## Research Finding TWO

SHG leaders and committee members should understand role dilemma and nature of SHG

## Role Dilemma forExcel3Leaders/ Committee Members

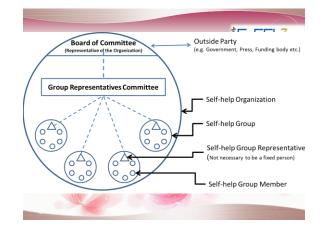
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lity seeking
standard expectation ot demand too much
5





## Unique position of SHG: mutual support Some our to understand Some suffering can't be described clearly Peer sharing can quickly go into feeling and talk more deeply, and this sharing itself is therapeutic The suffering can be truly understood by the other "Comfort" (Outsider) vs. "Understand" (Insider)





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