

Professor Julian Leff Emeritus Professor Institute of Psychiatry King's College London

Professor Julian Leff is Emeritus Professor of the Institute of Psychiatry, King's College London, as well as Honorary Professor, Royal Free and University College Medical School, London; and University of Cape Town, South Africa. He has worked in the Medical Research Council's Social Psychiatry Unit at the Institute of Psychiatry for over three decades. He is a world leader in social and transcultural psychiatry. His research focuses on the influence of the family on psychiatric illnesses, international studies of schizophrenia and the transition from psychiatric hospitals to community-based services. He has received many prestigious awards: including the Starkey Prize of the Royal Society of Health for outstanding contributions to mental health; the Burghölzli Award of the University of Zurich for outstanding scientific work in Clinical and Social Psychiatry; and the Marsh Award for Mental Health Research.

Professor Leff is an Elected Honorary Member of the UK Institute of Family Therapy, Elected Fellow of the UK Academy of Medical Sciences, and Elected Honorary Member of the International Society for the Psychotherapy of Schizophrenia. His current research projects include: 1) *An epidemiological study of social, psychological and biological factors in first contact psychosis affecting people from ethnic minorities.* 2) *An RCT of relatives groups for chronic low back pain.* 3) *An RCT of Computer assisted treatment of auditory hallucinations.* He has published over 200 scientific papers and book chapters. Most recent books include: 1) *Leff, J. (2005) Advanced Family Work for Schizophrenia: an evidence-based approach.* London: Gaskell. 2) *Leff, J. and Warner, R. (2006) Social Inclusion of People with Mental Illness.* Cambridge: Cambridge University Press and 3) *Leff, J. The Unbalanced Mind (2012)* London: Books in Mind.