



Dr Zoë Chouliara

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Zoë is a clinical academic with expertise in person centred care and vulnerable groups. She is well published in these areas and has clinical expertise in working with highly vulnerable patients in a variety of settings. Her recent work focuses on the experience of treatment, care and recovery of survivors of childhood abuse. She is the primary author of the first survivor-focused evidenced based booklet on recovery from childhood trauma, titled '*Acts of Recovery*', which is currently widely available and used by survivors and professionals in the UK and overseas. Zoë has expertise in developing person centred models for practice with survivors of trauma and other vulnerable groups. She is also the only counseling psychologist in Scotland and one of the few in the UK with a clinical expertise in person centred practice and the human rights. She has recently been nominated for the Equal Opportunities award by the British Psychological Society (BPS) for her work with survivors of abuse/organized violence. She currently the Honorary Chair of British Psychological Society-Scotland, an Associate Fellow of the BPS and a Fellow of the Higher Education Academy.