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Bless Yu, BSW (Hons), MSocSc (Family Social Work), Dip Christian Studies, is the Oncology Counselor at Bangalore Baptist Hospital and clinical supervisor of Family Research and Training Institute of Urban India Ministries, Bangalore. She has been the Centre Director of Patient Resource Centre of Queen Elizabeth Hospital, Honorary Teaching Consultant of Centre on Behavioral of Health, HKU and part-time fieldwork supervisor of different universities in Hong Kong and Macau. As a registered social worker for the last 16 years, she has conducted numerous therapeutic groups for cancer patients and training on death education for social workers. Her research paper "*An exploratory design of a body-mind-spirit model for helping breast cancer patients*" honored with the Young Investigator Award of International Cancer Conference 2002. She is married to Tommy and they are now based in Bangalore, India.