CAPACITY BUILDING FOR LEADERS OF SELF-HELP GROUPS IN HONG KONG
IN-HOUSE FORUM

Dr. Ben M.F. LAW 19 April 2013

http://www.youtube.com/watch?v=0K5Md4xakb4
To recap

- This project aims at enhancing the leadership and governance of self-help chronic patient group leaders/ executive members.
## Deliverables

- **Patient-Centred Healthcare report**
- **Training package and trial**
- **Looking ahead**
  - APPS with press conference
  - Self-help group oral history booklet
  - Seminar on patient self-help group movement

## Patient-centred healthcare report (December 2012)

- The concept of patient-centred healthcare (PCH) commenced in 2004 globally through the International Alliance of Patients’ Organization (IAPO), Hong Kong is one of the members
- In February 2012, a project “Patient-Centred Healthcare in Hong Kong – An Exploratory Study” was commissioned to examine the status of PCH in Hong Kong
- ExCEL3 project team re-analyzes, conducts focus groups, analyze data and drafts report
  - [http://www.rehabsociety.org.hk/pxxCms/website/hksr/gallery/1b4cca6e-5025-456d-8e6f-384985633a0e.pdf](http://www.rehabsociety.org.hk/pxxCms/website/hksr/gallery/1b4cca6e-5025-456d-8e6f-384985633a0e.pdf)
Major findings of the report

- Patients’ involvement in healthcare
- Waiting time and queuing system for the specialist consultation is unacceptable to most patients in the present HA system
- Caregivers require training on the caregiving knowledge and skills, and support from caregiving groups.

Top priority areas for the healthcare system

- Lowering the patients’ financial burden for medical expenses and other areas
- Improving service quality and service types, in particular the quantity and quality of the healthcare professionals
- Updating and enhancing the HA Drug Formulary System
- Strengthening the existing healthcare system
- Enhancing the QOL for disabled and chronically ill patients.
4-session 2 day Training package (touching.wmv)

- Enhances
  - leadership skills
  - Mutual help among leaders
  - Use of games and exercises
- Trials on December 2012
- Re-run in
  - May 2013
  - September 2013
  - December 2013

Further refinement of training

- More effective for new leaders or executive members, rather than leaders for many years
- To enhance the package by videotaping the oral history of the development of self-help group (May 2013)
An oral history for the development of Self-help groups in Hong Kong
(target readers: social work professions)

APPS for self-help groups

- Insofar, there are no place to know current activities for more than 100 self-help groups in Hong Kong
- Webpages are quite mundane
Use of smart phone APPS

- To introduce all self-help groups in Hong Kong
- To provide timely information of the activities of the self-help groups
- Press conference for the APPS and the oral history booklet in Jan 2014

Seminar on patient self-help group movement

- In Jan 2014
- Distribute the training package
- Possible themes:
  - Governance and leadership in self-help groups
  - Mutual help: myths or reality?
- Guest speakers:
  - Self-help groups in Thailand and Taiwan