

1

CAPACITY BUILDING FOR LEADERS OF SELF- HELP GROUPS IN HONG KONG IN-HOUSE FORUM

Dr. Ben M.F. LAW 19 April 2013

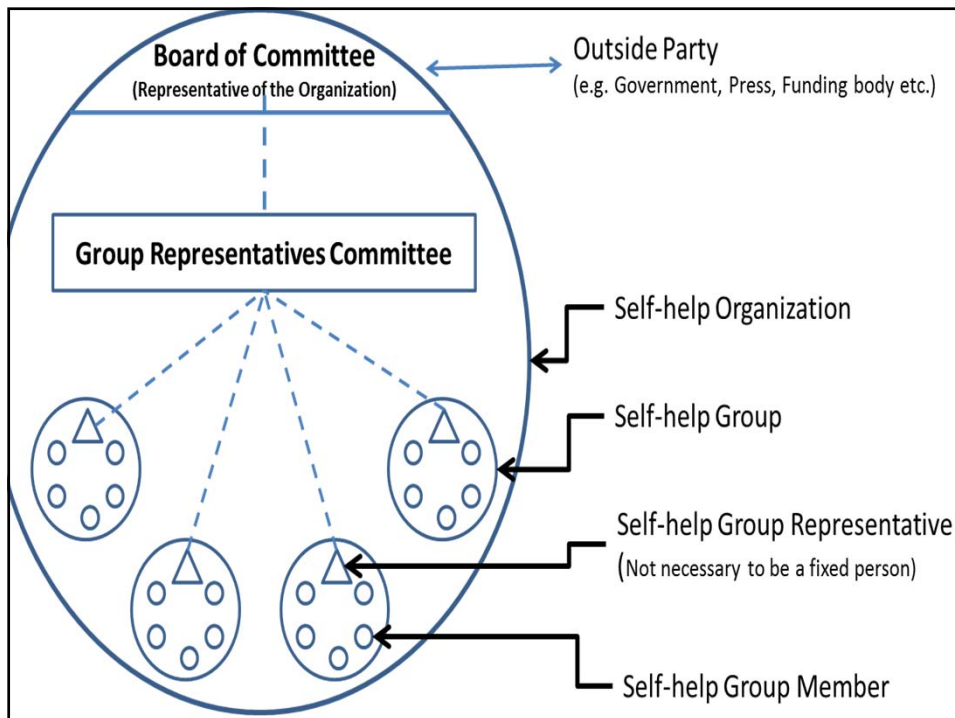
2

<http://www.youtube.com/watch?v=0K5Md4xakb4>

To recap

3

- This project aims at enhancing the leadership and governance of self-help chronic patient group leaders/ executive members



Deliverables

5

- Patient-Centred Healthcare report
- Training package and trial
- Looking ahead
 - ▣ APPS with press conference
 - ▣ Self-help group oral history booklet
 - ▣ Seminar on patient self-help group movement

Patient-centred healthcare report (December 2012)

6

- The concept of patient-centred healthcare (PCH) commenced in 2004 globally through the International Alliance of Patients' Organization (IAPO), Hong Kong is one of the members
- In February 2012, a project "Patient-Centred Healthcare in Hong Kong – An Exploratory Study" was commissioned to examine the status of PCH in Hong Kong
- ExCEL3 project team re-analyzes, conducts focus groups, analyze data and drafts report
- <http://www.rehabsociety.org.hk/ptxCms/website/hksr/gallery/1b4cca6e-5025-456d-8e6f-384985633a0e.pdf>

Major findings of the report

7

- Patients' involvement in healthcare
- Waiting time and queuing system for the specialist consultation is unacceptable to most patients in the present HA system
- Caregivers require training on the caregiving knowledge and skills, and support from caregiving groups.

Top priority areas for the healthcare system

8

- Lowering the patients' financial burden for medical expenses and other areas
- Improving service quality and service types, in particular the quantity and quality of the healthcare professionals
- Updating and enhancing the HA Drug Formulary System
- Strengthening the existing healthcare system
- Enhancing the QOL for disabled and chronically ill patients.

4-session 2 day Training package (touching.wmv)

9

- Enhances
 - ▣ leadership skills
 - ▣ Mutual help among leaders
 - ▣ Use of games and exercises
- Trials on December 2012
- Re-run in
 - ▣ May 2013
 - ▣ September 2013
 - ▣ December 2013



Further refinement of training

10

- More effective for new leaders or executive members, rather than leaders for many years
- To enhance the package by videotaping the oral history of the development of self-help group (May 2013)



APPS for self-help groups

12

- Insofar, there are no place to know current activities for more than 100 self-help groups in Hong Kong
- Webpages are quite mundane



Use of smart phone APPS

13

- To introduce all self-help groups in Hong Kong
- To provide timely information of the activities of the self-help groups
- Press conference for the APPS and the oral history booklet in Jan 2014

Seminar on patient self-help group movement

14

- In Jan 2014
- Distribute the training package
- Possible themes:
 - ▣ Governance and leadership in self-help groups
 - ▣ Mutual help: myths or reality?
- Guest speakers:
 - ▣ Self-help groups in Thailand and Taiwan